

Our Savior's Lutheran Church
138 3rd Street Northwest
Valley City, ND 58072

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February 2019




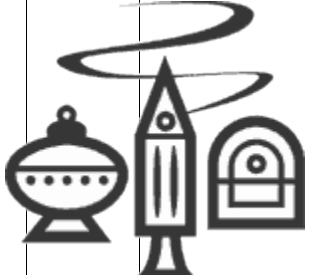
Our Savior's Lutheran Church
138 3rd Street Northwest, Valley City, ND 58072
(701) 845-1328
Email oslcvalleycity@msn.com
Website: www.oursaviorsvc.org

Our Savior's Lutheran Church (ELCA)

Pastors	Emmy Swedlund & Kyle Symanski
Youth Ministry	Kyla Fetsch
Office Coordinator	Brenda Skramstad
Custodian	Sandi Ley
Contemporary Worship Coordinators	Al & Sherri Adams
Council President	Rich Schueneman
Treasurer	Janet Brown
Ministers	All members of Our Savior's

Our Savior's Lutheran Church

February 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 7:30a.m. Men's Bible Fellowship
3 4 Epiphany New Member Sunday/Food Pantry 8:30am Worship 9:30am Coffee & Fellowship 9:45am Welcome Breakfast 9:45am Sunday School, Choir 11:00am Worship	4 9:30am Prayer 12:10pm Sr. High Lunch	5 9:00am Ministerial 9:00-1:00pm Good Samaritans	6 9:30am Bible Study 3:15pm Kids for Christ 6:00pm Supper 6:30pm Confirmation 	7	8	9 7:30a.m. Men's Bible Fellowship 
10 5 Epiphany 8:30am Worship 9:30am Coffee & Fellowship 9:45am Sunday School, Choir 11:00am Contemporary Worship 2:00-4:00pm Pampering & Prayer	11 9:30am Prayer 12:10pm Sr. High Lunch	12 9:00am Text Study 9:00-1:00pm Good Samaritans	13 9:30am Bible Study 3:15pm Kids for Christ 6:00pm Supper 6:30pm Confirmation 7:00pm Committees 8:00pm Council	14	15	16 7:30a.m. Men's Bible Fellowship
17 6 Epiphany Blessing of Council and Committees 8:30am Worship 9:30am Coffee & Fellowship 9:45am Sunday School 11:00am Contemporary Worship	18 9:30am Prayer No Sr. High Lunch	19 9:00am Text Study 9:00-1:00pm Good Samaritans	20 9:30am Bible Study 3:15pm Kids for Christ 6:00pm Supper 6:30pm Confirmation 7:00pm Sarah Circle-Lenore Lebahn's Home-488 2nd Ave NE Unit 6	21 2:00pm Hannah Circle-Gathering Room	22	23 7:30a.m. Men's Bible Fellowship
24 7 Epiphany 8:30am Worship 9:30am Coffee & Fellowship 9:45am Sunday School 10:00am Choir 11:00 Worship	25 9:30am Prayer 12:10pm Sr. High Lunch	26 9:00am Text Study 9:00-1:00pm Good Samaritans 2:00pm Bible Book Club-Gathering Room	27 9:30am Bible Study 3:15pm Kids for Christ 6:00pm Supper 6:30pm Confirmation	28 9:30am Jamestown Conference		

YOUTH DIRECTOR AND YOUTH ACTIVITY CALENDAR

February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Bowling! Open Bowl 7-9th Grade 7:30-9:00pm Cosmic Bowl 10-12th Grade 9:00-10:30pm	2
3 Sunday School 9:45-10:45am	4 No Youth Director Office Hours Senior High Lunch 12:10-12:40	5 No Youth Director Office Hours	6 No Kids for Christ Confirmation Supper 6:00-6:30pm Class 6:30-8:00pm	7	8	9
10 Sunday School 9:45-10:45am All SS children will sing at the Legacy Place during SS. Transporta- tion is provided. All are welcome to join. 2nd —6th Grade sing at 11am worship service	11 Youth Director Office Hours 9:00-11:00am Senior High Lunch 12:10-12:40	12 Youth Director Office Hours 9:00-11:00am	13 Kids for Christ 3:15-5:00pm Confirmation Supper 6:00-6:30pm Class 6:30-8:00pm	14	15 No School	16
17 Sunday School 9:45-10:45am	18 No School Youth Director Office Hours 9:00-11:00am	19 Youth Director Office Hours 9:00-11:00am	20 Kids for Christ 3:15-5:00pm Confirmation Supper 6:00-6:30pm Class 6:30-8:00pm	21 Dinner and Devotions 12:10-12:40 for Youth in Grades 11-12	22	23
24 Sunday School 9:45-10:45am	25 Youth Director Office Hours 9:00-11:00am Senior High Lunch 12:10-12:40	26 Youth Director Office Hours 9:00-11:00am	27 Kids for Christ 3:15-5:00pm Confirmation Supper 6:00-6:30pm Class 6:30-8:00pm	28		

Pre K - 6th Grade News!

- **SUNDAY SCHOOL** On Sunday, February 10th, all Sunday School youth will sing at the Legacy Place during the Sunday School hour. Bus transportation is provided. All are welcome to attend. The 2nd—6th graders will sing at the 11am worship service on this day as well.
- **KIDS FOR CHRIST** 20 youth in Kindergarten-6th grade gather each Wednesday from 3:15-5:00pm for fun and fellowship. We learn about God's great love for us, how we can love others, and work on ways we can make a difference at all ages! Please note that there will be no Kids for Christ on February 6th.
- **VACATION BIBLE SCHOOL** Save the date!! Vacation Bible School is set for June 5, 6, and 7th! Youth entering kindergarten in August 2019 and 2020 are invited to join the "Pre-K Day Camp" and youth entering grades 1-6 in August 2019 are invited to join the regular VBS session. More info this spring!

Red Willow Bible Camp Info!

- Red Willow Bible Camp **registration is open** which is earlier than in the past so don't wait to sign up! Do not let cost affect your decision, scholarships are available! OSLC has a slightly different way to register so please be sure to contact Kyla 840-4540 prior to registering online. Here are the available camps!

Entering Grades K-3 in Aug 2019

Seekers Days(Grades K-6)—May 31 or July 24
Taste of Camp (Grades K-2)—June 5-7 or June 23-25
Pathfinders—June 5-7, June 23-25, or July 7-9

Entering Grades 4-6 in Aug 2019

Seekers Days—May 31 or July 24
Creation Camp—June 23-28, July 7-12 or July 28-Aug 2
Holy Hoops—July 21-26

Entering Grades 7-9 in Aug 2019

Disciples—July 14-19 or July 28-Aug 2
Holy Hoops—July 21-26
Wilderness (Grades 9-12) - Aug 4-9

Entering Grades 10-12 in Aug 2019

CIT Training—June 2-7
Amp Camp—July 14-19
Wilderness—Aug 4-9

Jr & Sr High Update!

- **CONFIRMATION** Weekly confirmation time consists of a supper together at 6pm and then class from 6:30-8:00pm.
- **SENIOR HIGH LUNCH** Youth in grades 9-12 are welcome every Monday that there is school at 12:15pm for lunch in the basement at OSLC! Currently 35-45 youth join us each week for lunch, prayer, a bible verse and devotion, and great conversation.
- **YOUTH BOWLING NIGHT** Bowling in November was so fun we are doing it again Friday, February 1st! Youth in grades 7-9 are invited to bowl from 7:30-9:00pm and youth in grades 10-12 are invited to Cosmic Bowling from 9-10:30pm! Please bring \$5 to help cover some of the cost of the bowling and snacks. Friends are welcome! Sign up on the bulletin board if you plan to attend.
- **DINNER AND DEVOTIONS** Youth in grades 11 and 12 are invited to join Kyla for a special lunch and devotion on Thursday, February 21st from 12:10-12:40pm. Friends are welcome. Please RSVP to Kyla.
- **SUMMER YOUTH TRIP** The 2019 Summer Youth Trip is set for June 11-13! We will be taking a three day, two night trip to Minneapolis where we will volunteer at a variety of places and share the love of God with others. We will also enjoy time at Valleyfair and a Twins game! All youth currently in grades 7-12 are invited to join us and must sign up on the bulletin board in the Gathering Room to secure your spot. The first 40 youth to sign up will go! **DEADLINE TO SIGN UP IS FEBRUARY 1ST AND A \$20 DEPOSIT IS DUE AT THIS TIME.** We are still in need of one more female adult chaperone, so if you are interested, please contact Kyla. You can also contact Kyla with any questions or concerns.

My office hours are Mondays and Tuesdays from 9-11am. However, please feel free to contact me anytime at kylaoslc@outlook.com or 840-4540.

God's Blessings, Kyla Fetsch, Director of Youth Ministry



Transitions in the Congregation

From the January Council Meeting

Baptisms: Easton Lamb, Ari Voelk

Soup Makers Needed for Lenten Soup Suppers. If you are interested and able to make soup for a Wednesday night supper, please contact Ruth Larson at 845 – 4257.



Servant Group Coordinators are needed for the months of February and April. If you are interested in becoming a coordinator for a servant group, or are not connected to a group and would like more information, contact Ruth Larson at 845 – 4257.

Radio broadcast of the 8:30 a.m. worship is on Sunday at 11:00 a.m. on KOVC 1490 AM. To sponsor a broadcast, please contact the church office. The cost is \$100 and may be gifted in memory or in honor of someone or a significant event. Your gift to this ministry is appreciated.

Rent: Unfurnished ~950 sq. ft. two bedroom, 2nd floor apartment with hot water & heat included, stove, fridge, washer and dryer, private entrance with off street parking. Available immediately. No pets or smoking. References. Call Bobby Koeplin at (701) 840-0250.



Your gifts make a difference. Here's an update on the work of Global Health Ministries from Cameroon.

Dear Global Health Ministries,

I would like to inform you that the digital X Ray of Ngaoundere protestant hospital has been completely installed and is functional.

I would like to take this opportunity to say a big thank to all of you for this important diagnostic instrument that will improve the care of patients in this health facility.

May our Almighty God fill you with his blessings.

Dr Aroga Simon
OSEELC Director, Cameroon

The 2019 Missionary Calendar is waiting to be filled! Claim a date and donate \$25 in support of our missionaries, Willie and Anne Langdji and Global Health Ministries. Donations can be put in the offering, and clearly marked for "Missionary Calendar." Let's go for a missionary calendar "black out" in 2019.

Food Pantry Sunday-February

There are many items that the Food Pantry is in need of each month.

Some examples are: diapers, soap, shampoo, paper products, and snack foods. These items, along with your other generous donations each month are greatly appreciated.





Each month in 2019, our newsletter will highlight one of the ministries or committees that make up Our Savior's Lutheran Church.

This month's ministry spotlight is Senior High Lunch!

How many pizzas does it take to feed 40 high school youth?
Keep reading to find out...

On a typical Monday when school is in session, about 40 high school youth come to Our Savior's for lunch. The food is pretty straightforward pizza, mac & cheese, tacos, or spaghetti. In November, there was even a Thanksgiving meal with all the trimmings! There's usually brownies for dessert. (Ask Kyla for the secret recipe.)

After the youth get their food, they pray together: "Come, Lord Jesus, be our guest and let these gifts to us be blessed. Blessed be God who is our bread. May all the world be clothed and fed." Kyla or Pastor Kyle then share a scripture passage and short reflection.

The youth include both Our Savior's members and their friends. Student say that they like the chance to get out of the school building to have a break. Monday morning lunch is a bit of an oasis in their busy lives.

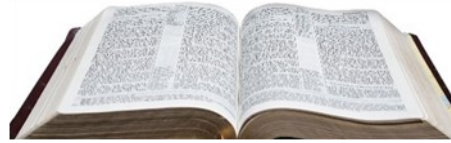
This ministry is made possible through the Our Savior's Lutheran Church Farm Fund. In 1955, Our Savior's Lutheran received a bequest of farmland from the estate of Mr. George Mason. Income from the farm is used for Outreach Ministries, as designated by the Church Council. It is a gift that keeps giving.

If you'd ever like to swing by and check out this ministry, you are invited to do so. Students arrive promptly at 12:17 pm.

By the way, Kyla reports that it takes 16 pizzas to feed 40 high school youth.



Bible Book Club



1 Corinthians

Tuesday, February 26 at 2:00 pm
Gathering Room

Anyone is welcome. Read the 1 Corinthians during the month of February and then join in conversation. What did you like about the book? What didn't you like? What challenged you? Where do you see God's love in this book?

Background Information:

Sometime in the 40s, Paul founded a church, or more likely several smaller house churches, in the port city of Corinth. The city itself was a diversely populated urban center, and that diversity may have been mirrored in the community of Gentile believers Paul drew together.

After living in Corinth for some time, Paul went on to other work. Then, in response to a letter from the Corinthians and a report from "Chloe's people" (1 Corinthians 1:11) that the church was experiencing division, Paul wrote his first letter to the Corinthians. He was living in Ephesus at the time (see 1 Corinthians 16:8-9), and he anticipated visiting Corinth soon after the letter arrived.

The report and letter Paul received led him to conclude that the Corinthians were disagreeing with each other about the quality of leadership Paul and other apostles had offered, about the implications of their new spiritual existence for decidedly physical activities like eating and being involved in sexual relationships, about whether their experience of being in Christ made them at all responsible to other brothers and sisters in Christ, and similar issues.

To assist with your reading, a reading guide is available on the information counter.



Pampering & Prayer

Just As You Are

Mini-Retreat

Sunday, February 10

2:00-4:00 pm

Our Savior's Lutheran Church

Women of all ages, including teens are welcome to attend.

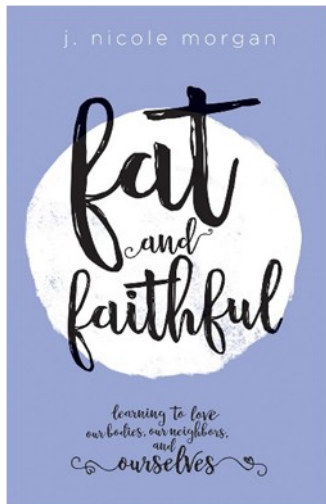
Come just as you are. Be reminded that God is with you in the messiness of life. Our time will include prayer activities, a pampering hand treatment, silence, laughter, and snacks.

Participants are asked to bring a hand towel.

Please direct questions to Pastor Emmy.

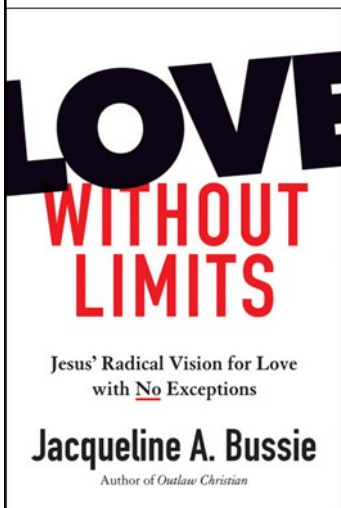
Upcoming Book Study Opportunities

March 10, 2:00pm– “Faithful and Fit: Learning to love our bodies, our neighbors, and ourselves”



J. Nicole Morgan grew up fat and loving Jesus. But she was forever burdened by what she saw as her biggest spiritual flaw: her weight. In *Fat and Faithful*, she shares her journey from body shame to fat acceptance and shows us how to care for the image of God found in every body—including our own. When the world tells us that our bodies are too much, J. Nicole Morgan reminds us that all people—no matter their size or ability—are beloved of God. Bodies of all sizes, shapes, colors, ethnicities, genders, sexual orientations, and abilities are expressions of the body of Christ. When our first prayer isn't about changing our bodies, we create space to care for our neighbors and to celebrate the unique ways we are equipped to serve our communities in the bodies we have. *Fat and Faithful* shows us that the world is wider than the size of our waistline.

April – “Love Without Limits: Jesus’ Radical Vision for Love with No Exceptions”



Every day, millions of people lament the loss of civility, respect, and hope, and they wonder if it's possible to cultivate a love big enough to overthrow hate and heal our hurts. With courage, authenticity, and relevance, Jacqueline A. Bussie proclaims, "Yes! It's possible!"

In *Love Without Limits*, Bussie imparts practical solutions for people of faith who yearn to love across division and difference in these troubled times. Through poignant personal memoir, engaging theological reflection, inspiring true stories of boundary-busting friendships, creative readings of scripture, and surprising shout-outs to some of love's unsung heroes, Bussie challenges readers to answer God's call to practice a love so deep, it subverts the social order; so radical, it scandalizes the powerful; so vast, it excludes no one.

Watch for opportunities to meet and discuss these books on an upcoming Sunday morning.

If you'd like to the church to order a copy of either book, please sign up on the information counter. An order will be placed February 15th. Payment can be made when the books arrive.

Talk to Pastor Kyle or Pastor Emmy with any questions.

Members of the March Our Savior's Servants

Melvin & Judy Karch 845-2421
Keith & Jan Zerface 840-7483

Danielle Brantl
Martin Bratrud
Curtis & Ardis Christianson
Wilbert & Betty Dallmann
Evelyn Delmore
Ron & Patrica Gienger
James Greene
Paul & Barbara Henke
Kenneth Hoelmer
Marlyn & Helen Legler
Ryan & Missy Leroux
Mark & Elizabeth Lokken
Richard Lorenz
Sandra Myers
Dennis & JoAnn Nathan
Joshua & JoEllen Nathan
Jesse & Jodi Pabst
Carl & Amber Pederson
Ross Powell
Gary & Kathy Riedman
Myron & Phyllis Singer
Carmen Sorensen
Curt & Terri Stevens
Carolyn Timm
Verl & Rhonda Woehl
Lenora Ziemba



Thank you to the January Our Savior's Servants and their Coordinators: Sue & Dave Carlsrud, Darin & Julia Anderson

Flower Committee Members: Lenore Lebahn, Nancy King

Altar Committee Members: Cheryl Olson, JoAnn Nathan

Thank you to our faithful ushers

For Your Information

Church Office Hours

Monday-Friday 8:00 am-3:00 pm

Church Building Hours

Monday-Thursday 8:00 am-5:00 pm

Friday 8:00 am-3:00 pm

Saturday-Sunday 8:00 am- 2:00 pm

Changes in address or phone?
Please let us know in the Church Office.

Do you want your newsletter sent to you by email? Just give me at call 845-1328.



Thank you



Giving Hearts Day is the largest 24-hour giving event in North Dakota and Northwest Minnesota. Each year, thousands of people rally around hundreds of nonprofits in our community saying, "count me" as a Giving Heart for charity. Make your donations on **February 14** at: www.givingheartsday.org

Consider including a gift to some of our ministry partners:

Eastern North Dakota Synod, ELCA
Red Willow Ministries
Lutheran Social Services of ND
Great Plains Food Bank



I like stories in the bible that are about people who get frustrated. Maybe they are reluctant to do the thing that God is calling them to do. You have good examples of Moses and Jonah for that. But really, I like stories in the bible that are about people who get frustrated because it is so completely human. We all get frustrated, angry, sad, depressed. It's part of the human experience that comes with joys and sorrows, highs and lows, love and hate, loss and gain, and all the things in between.

But it seems to me that too often our day to day life is filled with too many of what we might consider to be 'negative' human moments. Whether it's the news or just the cold, gray days of winter, it seems that our day to day existence soon fill up with sad, anger inducing, and even painful experiences. That in itself can be frustrating, and even more so when we struggle to see God at work amidst all of the negativity. And while it may not seem so hard to have faith in the good times, it can be quite a challenge in the bad.

About a month ago, a fellow Lutheran pastor asked a few of his colleagues to read headlines from the newspaper and try to find the 'good news' in them. Not such an easy task. But not too long ago I came across this short story on fivethirtyeight.com, a news site I frequent. It read:

Last year, two residents of Ithaca, NY raised \$12,500 and sent it in to a charity. That charity, in turn, purchased \$1.5 million in medical debts for less than a penny on the dollar and forgave them. 1,284 New York residents had their debts forgiven thanks to these efforts.

I wonder what the lives of those 1,284 people looked like living with crushing medical debts. And I found myself wanting to fixate on the negative, and wanting to ask some larger questions about the state of health care in this country. I went down this rabbit hole for a while before I stopped myself and refocused on the task at hand. Where is the good news?

Obviously, it was right there in front of me. Two people changed, and perhaps saved, the lives of over 1,200. If that isn't good news, then I don't know what is. And it was while I was reading this story that I *really* remembered why I like stories in the bible about people who get frustrated.

I like stories in the bible that are about people who get frustrated because I know the full story.

Just like this news headline is just a fraction of the whole story, so too are all low moments in our lives. There will always be negativity and struggle in the world, that's just a symptom of our human-ness. There will be sorrows, pain, anger, and frustration. But throughout the whole of the story, from beginning to end, during highs and lows, we are sure that God is there with us, breaking through the bad situations in our lives and in our world, and shining forth grace and love.

In good courage,

Pastor Kyle